

# Pre-cooked Scrambled Egg

Code	Description	Shelf Life	Pack	UPC/SSC Code
Frozen 30710	Pre-cooked Scrambled Egg	180 days	13.61 kg	006 65079 30710 0

## Ingredients

Whole Egg, Skim Milk Powder, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Liquid Pepper Extract, Citric Acid, Natural and Artificial Butter Flavour [Butter (Cream), Lipolyzed Butter Oil, Medium Chain Triglycerides, Natural and Artificial Flavours, Soybean Oil, and Annatto Extract].

## Description

Pre-cooked scrambled eggs are fully cooked egg curds made from farm fresh eggs, pasteurized, homogenized then frozen.

## Application

No cooking just heat and serve for continental breakfasts, restaurants and institutional meals. Pre-cooked scrambled egg is perfect for stuffing and processing wraps, buns and cook chill breakfast trays.

## Storage Conditions

Product must be kept frozen at  $-18^{\circ}\text{C} \pm 5^{\circ}\text{C}$  ( $0^{\circ}\text{F} \pm 9^{\circ}\text{F}$ ).

## Shelf Life

210 days when stored at the recommended temperature. Thaw under refrigeration at  $1\text{-}4^{\circ}\text{C}$  ( $33\text{-}40^{\circ}\text{F}$ ) best if used within 3 days.

For best results, prepare when product is completely thawed.

## Preparation Instructions

### Microwave (bulk):

Place frozen pre-cooked scrambled eggs in a lightly sprayed microwaveable pan (453g). Heat on HIGH for 6 minutes, rotating and stirring every 2 minutes.

### Conventional Oven (bulk):

Place frozen pre-cooked scrambled eggs, in a lightly sprayed stainless pan. Cover tightly with aluminum foil. Heat for 30-40 minutes at  $150\text{-}160^{\circ}\text{C}$  ( $300\text{-}325^{\circ}\text{F}$ ) Stir every 10 minutes

### Convection Oven (bulk):

Place frozen pre-cooked scrambled eggs in a lightly sprayed stainless pan. Cover tightly with aluminum foil. Heat for 30-40 minutes at  $135\text{-}150^{\circ}\text{C}$  ( $275\text{-}300^{\circ}\text{F}$ ). Stir every 10 minutes.

### Pressureless Steam (bulk):

Place frozen pre-cooked scrambled eggs in a lightly sprayed stainless pan. Cover tightly with aluminum foil. Heat for 20-30 minutes at  $88^{\circ}\text{C}$  ( $190^{\circ}\text{F}$ ). Stir every 10 minutes.

\* Note: Due to oven variances, heating times may vary.

\* Note: Internal temperature of cooked product should be at or above  $71^{\circ}\text{C}$  ( $160^{\circ}\text{F}$ )

## Nutritional Information

Per 50 grams

Calories	80
Fat	5g
Saturated	1.5g
Trans	0g
Cholesterol	195mg
Sodium	220mg
Carbohydrate	1g
Fibre	0g
Sugars	1g
Protein	6g
Vitamin A	6%
Vitamin C	0%
Calcium	2%
Iron	4%

