

Quiche

Code	Description	Portion	Quantity / Case	SSC Code	
7122	Quiche	Ham & Cheese	1 kg	5	02 842138 00018 1
7123	Quiche	Spinach & Feta	1 kg	5	02 842138 00019 8

Product Description

Individually wrapped, 1 kg Quiche, available in 2 great tastes: Ham & Cheese or Spinach & Feta. Better ingredients means better taste!

Suggested Uses

All day appeal – breakfast, lunch or dinner! They're perfect for any menu, add them to your grab and go line up or centre of the plate as a breakfast or lunch special. Perfect for the deli lunch counter, breakfast bar or coffee shop.

Easy to Prepare

Thaw and heat in the oven, microwave or convection oven.

Storage

Keep frozen below -18°C. Thaw in refrigerator overnight, heat and serve.



Ham & Cheese Quiche

Nutritional Information - Spinach & Feta

Per 100 gram portion Amount	% Daily Value
Calories	220
Fat	9 g
Saturated	2.5 g
Trans	0.5 g
Cholesterol	60 mg
Sodium	470 mg
Carbohydrate	24 g
Sugars	3 g
Protein	8 g
Vitamin A	20%
Vitamin C	0%
Calcium	20%
Iron	0%

Nutritional Information - Ham & Cheese

Per 100 gram portion Amount	% Daily Value
Calories	240
Fat	14 g
Saturated	3.0 g
Trans	0.3 g
Cholesterol	75 mg
Sodium	630 mg
Carbohydrate	18 g
Sugars	2 g
Protein	10 g
Vitamin A	6%
Vitamin C	0%
Calcium	15%
Iron	10%